



Mountain Woods
Golf Club

Junior Clinics

These clinics are geared toward junior golfers and future golfers from 7 to 16 years old. It is a mix of 8 clinics including the golf fundamentals and skill development. All this through a fun and creative process. You must register your junior golfer to assure a spot. Snacks for every junior are included and will be served before the end of the clinic.

Dates: 8 weeks, from June 30th August 18th

- 7 to 11 years old: Wednesday 5:00 P.M. or 6:00 P.M.
- 12 to 16 years old: Wednesday 6:00 P.M.

- 1. Setup (full swing, chipping and putting) and routine** (*June 30th*)
- 2. Rotation/Balance and bump and run chips** (*July 7th*)
- 3. Impact zone (full swing) and starting the ball on line (putting)** (*July 14th*)
- 4. Iron play and bunker shots** (*July 21st*)
- 5. Driver and flop shots** (*July 28th*)
- 6. Distance control inside 75 yards and on greens** (*August 4th*)
- 7. Swing speed and ground force** (*August 11th*)
- 8. Ball flights and course management** (*August 18th*)

-172.50\$ tax in for 8 clinics

Communicate with Sébastien Tremblay for more details sebastien@mountainwoods.ca